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Resources to Address the Monterey Park Tragedy

LOS ANGELES – January 23, 2023 - Our hearts are heavy following the tragedy that occurred in our neighboring community Saturday night on Lunar New Year's Eve, a widely celebrated holiday among Asian cultures marked with family, tradition, and joy. It greatly saddens us that what is typically a festive time has resulted in the loss of at least 11 lives, with at least 10 more people wounded. Our condolences and thoughts are with all affected and their loved ones during this time.

As members of the behavioral health community, we understand that tragic events such as mass shootings may create significant psychological impact. We have compiled a list of resources from the National Child Traumatic Stress Network to help each of us understand and address this traumatic event.

[Talking to Children About the Shooting](#)

[Psychological Impact of the Shooting](#)

[Parent Guidelines for Helping Youth After the Shooting](#)

[Tips for Parents on Media Coverage of a Shooting](#)

This tragedy is the most recent occurrence of violence that the Asian American and Pacific Islander community has faced. This Lunar Year is the Year of the Rabbit, which is said to bring peace and longevity. We stand beside our AAPI friends and carry the beautiful message of this Lunar New Year in our hearts.

