



# Hillsides

CREATING LASTING CHANGE

940 Avenue 64  
Pasadena, CA 91105

T 323.254.2274  
F 323.254.0598

[hillsides.org](https://hillsides.org)



## **Hillsides Awarded \$12 Million to Fund the New Hillsides Hope and Recovery Hub**

### ***Funding Through California's Proposition 1 Will Help Expand Mental Health Services to Youth on Hillsides' Main Campus***

LOS ANGELES – June 24, 2025 – Hillsides, a health and human services nonprofit, was awarded \$12 million in competitive funding to support behavioral health infrastructure through the Department of Health Care Services' (DHCS) Bond Behavioral Health Continuum Infrastructure Program (BHCIP). This award allows the organization to build and create programming surrounding the brand-new **Hillsides Hope and Recovery Hub**.

The Hub will serve as a 9,745 square foot two-story building on Hillsides' main campus and will provide youth ages 18-26 with outpatient mental health and integrated care services, a partial hospitalization program, and a peer respite program. These programs are designed to help individuals on their journey towards stability, offering lower levels of care as they make the transition out of therapeutic environments.

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"Hillsides acknowledges the BHCIP review committee for approving our infrastructure project. This decision allows us to serve more transitional-age youth and assist in stabilizing and housing community members. It will contribute to creating a comprehensive behavioral health system, ensuring that individuals can access the right care at the right time," stated Dr. Gina Perez, President and Chief Operating Officer of Hillsides. "The Hillsides Hope and Recovery Hub will enhance our continuum of care, building upon over a century of our organization's commitment to helping individuals heal, grow, and thrive."

#### An Overview of the Hillsides Hope and Recovery Hub

- *Community Mental Health Outpatient Clinic*: Experienced, trained clinicians, case managers, and peers will provide a supportive environment allowing for socialization, cooking classes, life skills, group therapy, individual therapy, shower, laundry, meals, and enrichment activities.
- *Integrated Care*: This program offers individualized treatment plans, group therapy sessions, and life skills training focused on stress management, communication, problem-solving, and emotional regulation.
- *Partial Hospitalization Program (PHP)*: PHP provides intensive individual therapy, group therapy, and rehabilitation. Clients are placed in groups based on age and other factors, with the program typically lasting around 30 days.
- *Peer Respite Program*: This program aims to intervene during a mental health crisis and prevent hospitalizations. The top floor of the facility will provide six single bedrooms for clients aged 18-25 operated by peer partners and offering short-term stays of approximately 14 days.

Hillsides is one of the select community-based organizations among a total of 124 recipients, awarded \$3.3 billion through the Department of Health Care Services' (DHCS) Bond Behavioral Health Continuum Infrastructure Program (BHCIP) Round 1: Launch Ready grants. In March 2024, California voters passed Proposition 1, a two-bill package including the Behavioral Health Services Act (BHSA) (Senate Bill 326) and the Behavioral Health Infrastructure Bond Act of 2024 (BHIBA) (Assembly Bill 531). The BHCIP grants offer significant resources for behavioral health infrastructure and an opportunity to address historic gaps and effect meaningful, sustainable change to better serve Californians across the behavioral health continuum of care.

#### About Hillsides

Hillsides is a leading health and human services nonprofit with programs throughout Greater Los Angeles. For 112 years, the organization has helped children, youth, and families heal through trauma-informed care, behavioral health treatment, and foster care and adoption services. Hillsides also provides support to young adults with transitional housing, life skills training, and job training and placement. Learn how you can help children to heal, grow, and thrive at [Hillsides.org](https://hillsides.org).

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