

# Peer Resource Center

A one-stop-shop of support for youth, ages 16-25

Call or walk in anytime  
for housing resources and support!

# February 2026



## MONDAY

**2**   
**Dine and Discuss**  
4 - 5 p.m.

## TUESDAY

**3**   
**Healthy Connections**  
2 - 4 p.m.

## WEDNESDAY

**4**   
**The Art Within You**  
2 - 4 p.m.

## THURSDAY


**5**   
**LGBTQIA+ & Allies Support Group**  
1:30 - 2:30  
**Find Your Flow Mindfulness Group**  
2 - 4 p.m.


## FRIDAY

**6**   
**LEGO Build Day**  
2 - 4 p.m.

**Need Housing Resources?**  
Give us a call to talk to one of our housing specialists and see what options you might be eligible for.  
[Call 626.765.6010](tel:626.765.6010)

**9**   
**Valentine's Cookie Decorating**  
2 - 4 p.m.

**10**   
**Mindful Baking**  
2 - 4 p.m.


**11** **Education Coordinator Office Hours**  
11 a.m. - 1 p.m.  
**The Art Within You**   
2 - 4 p.m.


**12** **LGBTQIA+ & Allies Support Group** 1:30 - 2:30  
**Find Your Flow Mindfulness Group** 2 - 4 p.m.   
**Reset YOGA** 5 - 6 p.m.


**13**   
**Movie Day**  
2 - 4 p.m.

Ask about our mental health services, and see if you qualify! (Medi-Cal recipients only).  
[Call 626.765.6010](tel:626.765.6010) or email us at [ymoinfo@hillsides.org](mailto:ymoinfo@hillsides.org).

**16** **PRC CLOSED FOR HAPPY Presidents Day**


**17**   
**Healthy Connections**  
2 - 4 p.m.



**18**   
**Housing 101**  
12 - 1 p.m.  
**The Art Within You**  
2 - 4 p.m.

**19** **LGBTQIA+ & Allies Support Group** 1:30 - 2:30  
**Find Your Flow Mindfulness Group** 2 - 4 p.m. 

**20**   
**Gems and Geodes**  
2 - 4 p.m.

Food, school supplies, hygiene products and clothing are available:  
**Monday - Friday, 12 - 1 p.m. and 4 - 5 p.m.**

**23**   
**Board Games**  
2 - 3 p.m.

**24**   
**Healthy Connections** 2 - 4 p.m.  
**Cooking on a Budget**  
3 - 4 p.m. 

**25** **Healthy Cooking Presentation** 12 - 1 p.m.  
**The Art Within You** 2 - 4 p.m. 

**26** **LGBTQIA+ & Allies Support Group** 1:30 - 2:30  
**Find Your Flow Mindfulness Group** 2 - 4 p.m.  
**Reset YOGA** 5 - 6 p.m.

**27** **Youth Advisory Board Meeting**  
2 - 3 p.m. 

**Daily Meal Times:**  
Breakfast (M/F) 9 - 10 a.m.  
Lunch 12 - 1 p.m.  
Dinner 4 - 5 p.m.

Follow our pages to stay up-to-date!

 [www.facebook.com/youthmovingon](https://www.facebook.com/youthmovingon)

 [@youthmovingon](https://www.instagram.com/youthmovingon)

T 626.765.6010 | 456 E. Orange Grove Blvd., Suite 140 Pasadena, CA 91104

## Hours

Monday 9 a.m. - 6 p.m.

Tuesday 10:30 a.m. - 8 p.m.

Wednesday 10:30 a.m. - 6 p.m.

Thursday 10:30 a.m. - 8 p.m.

Friday 9 a.m. - 6 p.m.