

Peer Resource Center

A one-stop-shop of support for youth, ages 16-25

Call or walk in anytime
for housing resources and support!

April 2026



MONDAY

30
Movie Day
2 - 4 p.m.

6
Board Games
2 - 3 p.m.

13
Board Games
2 - 3 p.m.

20
Board Games
2 - 3 p.m.

27
Board Games
2 - 3 p.m.

TUESDAY

31 **PRC CLOSED FOR**
Farm Workers Day

7 **Healthy Connections**
2 - 4 p.m.

14 **Healthy Connections**
2 - 4 p.m.

21 **Healthy Connections**
2 - 4 p.m.

28 **Healthy Connections**
2 - 4 p.m.

WEDNESDAY

1 **The Art Within You**
2 - 4 p.m.

8 **Education Coordinator Office Hours**
The Art Within You 11 a.m. - 1 p.m.
2 - 4 p.m.

15 **The Art Within You**
2 - 4 p.m.

22 **The Art Within You**
2 - 4 p.m.
Cooking on a Budget
3 - 4 p.m.

29 **The Art Within You**
2 - 4 p.m.

THURSDAY

2 **LGBTQIA+ & Allies Support Group**
1:30 - 2:30
Find Your Flow
2 - 4 p.m.

9 **LGBTQIA+ & Allies Support Group** 1:30 - 2:30
Find Your Flow 2 - 4 p.m.
Reset YOGA 5 - 6 p.m.

16 **LGBTQIA+ & Allies Support Group** 1:30 - 2:30
Find Your Flow 2 - 4 p.m.
Housing 101 5 - 6 p.m.

23 **LGBTQIA+ & Allies Support Group** 1:30 - 2:30
Find Your Flow 2 - 4 p.m.
Reset YOGA 5 - 6 p.m.

30 **LGBTQIA+ & Allies Support Group** 1:30 - 2:30
Find Your Flow 2 - 4 p.m.

FRIDAY

3 **Dine and Discuss** 4 - 5 p.m.

10 **LEGO Building**
2 - 3 p.m.

17 **Video Games**
2 - 3 p.m.

24 **Youth Advisory Board Meeting**
2 - 3 p.m.

1 **Dine and Discuss** 4 - 5 p.m.

Need Housing Resources?
Give us a call to talk to one of our housing specialists and see what options you might be eligible for.
Call 626.765.6010

Ask about our mental health services, and see if you qualify! (Medi-Cal recipients only).
Call 626.765.6010 or email us at ymoinfo@hillsides.org.

Food, school supplies, hygiene products and clothing are available:
Monday - Friday, 12 - 1 p.m. and 4 - 5 p.m.

Daily Meal Times:
Breakfast (M/F) 9 - 10 a.m.
Lunch 12 - 1 p.m.
Dinner 4 - 5 p.m.

Follow our pages to stay up-to-date!

www.facebook.com/youthmovingon

[@youthmovingon](https://www.instagram.com/youthmovingon)

T 626.765.6010 | 456 E. Orange Grove Blvd., Suite 140 Pasadena, CA 91104

Hours

Monday 9 a.m. - 6 p.m.

Tuesday 10:30 a.m. - 8 p.m.

Wednesday 10:30 a.m. - 6 p.m.

Thursday 10:30 a.m. - 8 p.m.

Friday 9 a.m. - 6 p.m.