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Hillsides Center of Excellence Faculty; 2026

Hillsides Launches Center of Excellence to Bring More Than a Century of Expertise in Healing and Wellbeing to Organizations and Communities

Los Angeles, CA (October 13, 2026) — For more than a century, Hillsides has helped children, youth, and families navigate challenges, build resilience, and create pathways toward healthier futures. Today, the Pasadena-based organization is expanding that legacy with the launch of [Hillsides Center of Excellence](#), a new initiative designed to help organizations and communities strengthen wellbeing and support the growth of individuals and teams.

Through the Center of Excellence, Hillsides brings its deep expertise in trauma-informed care, behavioral health, professional development and organizational wellbeing to a broader audience. The Center works with organizations and groups to create customized strategies that support healthier, more connected and resilient communities.

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“Throughout our history, Hillside has evolved to meet the changing needs of the communities we serve,” said **Stacey Roth, LCSW, CEO of Hillside**. “The Center of Excellence is a natural extension of that work. We know that when individuals have the tools and support they need to thrive, families and communities are stronger. This initiative allows us to share what we have learned over more than a century with companies and leaders who are committed to creating environments where people can do their best work and feel supported along the way.”

Bringing Hillside's Expertise Beyond Its Walls

Hillside's mission is to heal children and young adults, strengthen families and transform communities through quality comprehensive services and advocacy. That commitment now serves as the foundation for the Center of Excellence.

“We have spent more than 100 years learning what helps people connect and grow,” said **Gina Perez, Psy.D., President and COO of Hillside**. “The Center of Excellence gives us an opportunity to translate that knowledge into practical tools that companies and communities can use every day from strengthening communication and emotional intelligence to building resilience and supporting individual wellbeing.”

The Center of Excellence partners with groups to provide three primary services:

- **Training:** Interactive, customized trainings offered virtually or in person, covering topics such as mindfulness and self-awareness, emotional intelligence, compassion, communication, stress management, and self-care.
- **Consulting:** Personalized support to help organizations identify wellbeing needs and develop strategies tailored to their goals, culture, and people.
- **Speaking:** Customized keynote presentations and educational sessions for conferences, retreats, wellness events, and other gatherings.

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The Center's faculty bring together professional development expertise and clinical behavioral health experience, grounded in Hillside's longstanding trauma-informed approach. Services can range from a focused seminar or keynote to a more comprehensive professional development or organizational wellbeing series.

The Center of Excellence is designed for a wide range of partners, including companies of all sizes, corporate leaders, human resources teams, school districts, growing businesses, and mission-driven organizations. Recent partners include L.A. Works, Huntington Medical Research Institutes, and the Catalyst Learning Center.

Its launch represents the latest chapter in Hillside's long history of innovation and community partnership and another way the organization is working toward its vision of a world where people can **heal, grow, and thrive**.

To learn more about Hillside Center of Excellence, its services and upcoming professional development opportunities, visit hillsidescenterofexcellence.com.

About Hillside

Hillside is a leading health and human services nonprofit with programs throughout Greater Los Angeles. For over a century, the organization has helped children, youth, and families heal through trauma-informed care, behavioral health treatment, and access to vital services. Hillside also provides support to young adults with transitional housing, life skills training, and job training and placement. Learn how you can help at Hillside.org.

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